Title: What Should We Eat? (The Omnivore’s Dilemma!!)

Abstract: As much of the U.S. population is presented with an ever-increasing choice of available foods, what should we eat? This question is central to my non-majors biology course, Our Food: Science and Production (Biol 2001). We will explore this question from a variety of perspectives, including: culture, flavor, nutrition, and sustainability.

As this is not a research-based talk, I do not have papers to share.